

WRC Board Meeting
5/15/16 9:30a.m.

Attending: John Rudoff, Phoebe Shen, Steve Wu, Scott Smith, Deb Allison, Michele Gamburd, Abby Haight, Richard Williams, Jana Schweitzer, Bill Byrd, Jann Byrd, Jenny Withycombe, David Setter, Maria Valls

1. Minutes from last board meeting were approved electronically prior to this meeting.

2. Treasurer report: Finances are in good shape for this point in the year. We have received payment for the sale of the Johnson to Station L, as well as the insurance settlement for the Mimosa. Dues and fees remain our primary source of revenue and are on track, and our volunteer work at Junior Regionals is expected to bring in approximately \$2000.

We have sent the last payment for the new 8+. It is difficult to estimate the cost of repairing the Mimosa; the primary expense will be the painting portion of the process.

While we wait for the Mimosa to be repaired as a third 8+, we are borrowing one from ORU. They are not charging us rent, but we may want to [consider making a donation to ORU as a token of our appreciation](#).

3. Equipment Committee:

As mentioned above, the material cost of the Mimosa should be quite low aside from the cost of the paint and possibly the air compressor needed for painting. Dave and Richard are taking this on as a project.

The new engine on the launch has been working fine, no further issues expected with launches at this time.

Time to think about our next boat purchase! [Sam and Richard will take inventory of what we have available and the needs of the club, and will create a prioritized list](#).

Naming of the new boat: Many ideas were passed along. [A subcommittee has been formed to bring the list to a more manageable size, and then the club will vote from that list](#).

Due to increased participation by members, we are in need of additional sculling oars. [Richard will look into purchasing a set \(four pairs\), estimated to cost \\$2200](#).

4. Training report:

Our current focus continues to be preparing for sprint racing.

There will be another opportunity for lactate testing in the fall. In order for this to be an effective tool, you should be re-tested periodically and make training adjustments as needed.

Dave would like to share a resource for training. He has worked with a strength training coach who creates individual workouts that address injury prevention; the focus is on our longevity as masters rowers. Dave will set up an informational meeting for those who are interested, and anyone wanting to take advantage of this resource would be paying individually. Stay tuned for details as they become available.

Abby wants us to remind newer members who may not have strong sculling experience that there is help available, either through private coaching lessons or by requesting to be in a double with an experienced rower during scheduled practice.

5. Coaching committee:

There has been positive feedback about the coaching from Evelyn and Lindsey. We will continue to try to support this being available, but it is hard to coordinate with their busy schedules.

Coach Loaiza will be taking the last two weekends in May off from coaching.

The Coach is stretched thin during our weekend practices with the number of boats we have out. He is concerned about safety. Several members have mentioned that they are available for launch driving instead of coxing - please consider a rotating shift driving the second launch during practice to assist.* Meanwhile, please thank "Young Steve" for doing this for us!

*Members who drive the launch must be certified to do so. If you are interested, this is a two-step process. First, complete an approved boater safety course (free online course: <http://www.boatus.org/oregon/>). The course takes about 4-6 hours. Once the course has been completed, submit the certificate and \$10 to the Oregon State Marine Board. The boater safety card/certification is good for life.

The search for an additional coach continues. In the interim, the suggestion has been brought up again to have members with coaching experience participate if they are willing. Regardless of who is providing coaching, it is important for all of us to foster a culture of respect toward coaching staff and be receptive to the feedback. Coaching masters is no picnic. If you feel there are problems, please discuss with your captains.

The coach will be paid \$100 day to attend regattas, with some specific expectations arranged by the team captains.

6. Membership:

As new members have joined WRC, we now have a team with a wide variety of ages, experience, and skill. There has been a question about whether there is still membership criteria or vetting happening. Yes, new members must be vetted by the respective team captain and the coach before being accepted. Let's continue to be supportive of members who may need additional work on their technique, and remember that people bring many different things to a team besides competitive ability.

7. Entertainment Committee: Plans in the near future: A sign up sheet will come out for a Regionals potluck, and there will be a baby shower for the Grays this summer.

8. Oaks Park CBH : Hooray for the new dock! Thank you to everyone that helped with that project. There is no other new information to pass on except another reminder to please lock the porta potty when leaving practice, and mix up the numbers.

9. Captain report: There will be a limit on number of races each rower can enter for Regionals, but haven't heard what the number is yet. The process of creating boats and lineups has begun, so please make sure you have told your captain your availability and wishes. Wishes might not all be granted.

10. New business:

WRC has traditionally taken on the main coordinator roles for Junior Regionals in addition to all of our individual volunteering. We are paid \$1500 to do this. Do we want to continue with this role? We will continue, and will solicit members for the coordinator positions before January.

[John R will be setting up a time for us to have our AED refresher.](#)

Meeting adjourned at 11:19 a.m.